

# Total Body *Bliss*

Pamper yourself  
from head to toe

By Jill McCloskey

The start of the new season is the perfect time to revitalize your body from top to bottom. Whether your hair needs a lift or you want to save your skin from its winter roughness, you're bound to feel like a fresh spring blossom after one (or all!) of these luxurious treatments.

## HAIR

Revive tired tresses with a "facial for your hair" at Blush Hair Salon & Make-up Studio. The Damage Remedy Hair & Scalp Renewal (\$45) begins with a scalp massage using essential aromatherapy oils—a blend of lavender, ylang ylang and orange—to increase scalp circulation while releasing tension. Your stylist will then apply a repairing treatment that contains powerful plant ingredients, like quinoa protein for strength and tamanu oil for softness, leaving your hair looking healthy from root to tip. Combine with a styling of your choice for total hair transformation.

### **Blush Hair Salon & Make-up Studio**

40 S. Main St., Yardley  
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